

Community Resources – COVID 19

Updated:

| Company | About | Info |
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| 211 | Social services resources. | Need Help? Simply Dial: 2 1 1 From Any Phone or Text Your Zip code to 898211 |
| Alcoholics Anonymous | Holding web-based meetings using ZOOM app and others all with call-in option. | For up-to-date information view: https://www.aa-intergroup.org/ |
| Area Agency on Aging / Senior Help Line | Provide resources to seniors in areas such as transportation, nutrition, case management, caregiving, and more. | For up-to-date information view: http://agingcarefl.org/ Help Line 1-800-963-5337 or 727-217-8111 |
| Aunt Bertha | Social services resources. | For up-to-date information view: https://www.auntbertha.com/ |
| BayCare Health System | Offering drive-through COVID-19 test at 7 locations, physician referral required for testing. Nurse Line available for COVID- 19 related questions. Available 6am to midnight. | For up-to-date information view: https://baycare.org/locations Virtual physician visit: http://baycareanywhere.org/ Nurse line: 1-800-BayCare |
| Charter Communications (Spectrum) | Offering free broadband, WiFi access to Families with Elementary, Middle, High School and College Students. | For up-to-date information call: 1-844-488-8395 |
| City of Tampa | Social services and business relief. | For up-to-date information call 1-833-872-4636 or view: https://www.tampagov.net/emergency-management/covid-19 |

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| City of St. Petersburg | Social services and info. | For up-to-date information view: http://www.stpete.org/emergency/covid-19.php |
| Department of Education | All federal student loan servicers will grant an administrative forbearance to any borrower loan who requests one. The forbearance will be in effect for a period of at least 60 days, beginning on March 13, 2020. | |
| Department of Health | Coronavirus updates for the state and individual counties. | For up-to-date information: https://floridahealthcovid19.gov/ Hillsborough County: 813-307-8000 Pinellas County: 727-824-6900 Pasco County: 727-861-5250 Polk County: 863-519-7911 |
| Department of Housing and Urban Development | Information on housing relief. | For up-to-date information view: https://www.hud.gov/coronavirus |
| DoorDash and Uber Eats | Providing no-contact deliveries if requested. They will leave your food in a safe place (i.e. driveway or doorstep) and alert you when it's ready to pick-up. | For up-to-date information view: DoorDash https://blog.doordash.com/supporting-local-businesses-and-communities-in-a-time-of-need-41c0742fbc03 Uber https://www.uber.com/us/en/coronavirus/ |
| Duke Electric | Suspending disconnections for power and natural gas. | For up-to-date information view: https://www.dukeenergyupdates.com/info/covid-19-frequently-asked-questions |

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| Early Learning Coalition of Polk County | Will match parents up with childcare providers based on their income. | For up-to-date information call: 863-577-2450 |
| Feeding Tampa Bay | Food assistance and food pantry locations. | For up-to-date information call 813-254-1190 or view: http://feedingtampabay.org/find-a-pantry/ |
| Florida Small Business Emergency Bridge Loan Program | Assists small business owners experiencing economic difficulties. | For up-to-date information view: https://floridadisasterloan.org/ |
| Florida Unemployment Benefits | Providing information and resources for those seeking unemployment benefits. | For up-to-date information view: https://www.stateofflorida.com/articles/florida-unemployment/ |
| Hillsborough County Schools | Hillsborough schools will provide free meals. March 23 - April 15 | For up-to-date information view: https://hillsboroughschools.org/doc/2661/superintendents-office/resources/coronavirusgrabngo/ |
| Hillsborough County Senior Resources | Social services for seniors. | For up-to-date information call 813-272-5250 or view: https://www.hillsboroughcounty.org/en/residents/social-services/seniors |
| Hispanic Services Council | Resources and prevention education. | For up-to-date information call 813-936-7700 or view: https://www.hispanicservicescouncil.org/ |

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| Humana | Guide that describes the steps to staying safe while helping others. | For up-to-date information view: http://apps.humana.com/marketing/documents.asp?file=3886896 |
| Meals on Wheels | Food assistance. | For up-to-date information view: https://mowtampa.org/ |
| Metropolitan Ministries | Food and hygiene boxes with essential items will be provided for all families, seniors and those in need and will be available for drive up service on the two Metropolitan Ministry campuses. Standard Business Hours: M-F 9-5 Financial assistance will move to a digital platform. | For up-to-date information view: https://www.metromin.org/stories/covid-19response/ Financial Assistance Type the following into your internet browser: Bit.ly/MetroMinGetHelp |
| Narcotics Anonymous | Holding web-based meetings using the ZOOM app with call-in option. | For up-to-date information view: https://virtual-na.org/ |
| Next Door | Neighborhood hub for trusted connections and the exchange of helpful information, goods, and services. People are offering to pick up groceries and medications for the elderly/disabled/housebound. | For up-to-date information view: https://nextdoor.com/ |
| Pasco County Government | Housing, Health, and additional resources. Updates on closures of parks, libraries, etc. | For up-to-date information view: www.pascocountyfl.net https://www.pascocountyfl.net/4146/Pasco-County-Closures-Cancellations-and- |

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| Pasco County Mobile Medical Unit | The mobile medical unit operates during the day, between 4-5 days a week. We take healthcare directly to the community by visiting locations such as soup kitchens, food pantries, community agencies and homeless outreach programs. | Due to coronavirus, schedules change daily. Please call 727-324-7823 to verify times and locations. |
| Pasco County Schools | Pasco schools will provide free meals. March 23-27 | For up-to-date information view: http://www.pasco.k12.fl.us/news/page/pasco-schools-to-feed-students-during-time-off-due-to-coronavirus |
| Pinellas County Schools | Pinellas schools will provide free meals. March 23-27 | For up-to-date information view: https://www.pcsb.org/cms/lib/FL01903687/Centricity/Domain/179/school%20meals%20during%20closure%202020.pdf |
| Pinellas Suncoast Transit Authority (PSTA) | PSTA buses will be free for riders indefinitely. | For up-to-date information view: https://psta.net/about-psta/news/articles/psta-response-to-coronavirus/ |
| Pinellas County's Health Care for the Homeless Program | Mobile medical unit calendar. | For up-to-date information view: http://www.pinellascounty.org/humanservices/pdf/mobile-medical-unit-calendar.pdf |
| Polk County Government Health and Human Services | The division oversees Indigent Health Care, Healthy Families, Housing & Neighborhood Development, Veteran, and Volunteer Polk programs. | For up-to-date information view/call: www.Polk-county.net Phone: 863-534-5200 Toll Free: 800-780-5346 |

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| <p>Polk County Schools</p> | <p>Polk schools will provide free meals.</p> <p>March 17-20</p> | <p>For up-to-date information view:</p> <p>https://polkschoolsfl.com/lunchlocations/</p> |
| <p>Publix</p> | <p>Offering curbside pick-up, food delivery for groceries, and pharmacy.</p> | <p>For up-to-date information view:</p> <p>https://ww4.publix.com/corporate/about-publix/newsroom/news-releases/covid-19-message-from-ceo</p> |
| <p>Senior Shopping Hours</p> | <p>Target has designed a shopping period for the elderly and those with underlying health conditions the first hour stores are open every Wednesday.</p> <p>The Fresh Market says its stores will cater to those most vulnerable to coronavirus every weekday from 8 a.m. to 9 a.m.</p> | <p>For up-to-date information view:</p> <p>Target https://corporate.target.com/about/purpose-history/our-commitments/target-coronavirus-hub?Ink=Acoronavirusupd</p> <p>The Fresh Market https://www.thefreshmarket.com/tfm-covid-19</p> |
| <p>Tampa Bay Times</p> | <p>Informative articles and coronavirus guides.</p> | <p>For up-to-date information view:</p> <p>https://www.tampabay.com/news/health/2020/03/16/coronavirus-how-to-help-local-businesses-families-struggling-right-now/</p> |
| <p>TECO Electric</p> | <p>Suspending disconnects. No customer's service will be disconnected for non-payment, at least through the end of March.</p> | <p>For up-to-date information view:</p> <p>https://www.tampaelectric.com/updates/</p> |

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| U-Haul | For a limited time, the storage company is offering college students 30 days of free self-storage at U-Haul owned and operated facilities. | For up-to-date information view: https://www.uhaul.com/Articles/About/20625/College-Students-U-Haul-Offers-30-Days-Free-Self-Storage-amid-Coronavirus-Outbreak/ |
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